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## St. Patrick's Day, March 17, 2021

Saint Patrick's Day is the Irish feast day that celebrates Saint Patrick (386-461), the patron saint of Ireland. It is a legal holiday in the Republic of Ireland, Northern Ireland, the overseas territory of Montserrat and the Canadian province of Newfoundland and Labrador. It is celebrated worldwide by the Irish and those of Irish descent (and increasingly by many of non-Irish descent). A major parade takes place in Dublin and in most other Irish towns and villages. The four largest parades of recent years have been held in Dublin, New York City, Manchester, and Savannah. Parades also take place in other places, including London, Paris, Rome, Munich, Moscow, Beijing, Hong Kong, Singapore, Copenhagen and throughout the Americas.

As well as being a celebration of Irish culture, St. Patrick's Day is a Christian festival celebrated in the Roman Catholic Church, the Church of Ireland (among other churches in the Anglican Communion) and some other denominations. However, as a Christian festival, St. Patrick's Day sometimes is required to *give way* to a more important feast. The day always falls in the season of Lent, and it may fall in Holy Week. In church calendars if St. Patrick's Day falls on a Sunday, it is moved to the following Monday. If it falls in Holy Week, it is moved to the second Monday after Easter. In Ireland it is traditional that those observing a Lenten fast may break it for the duration of St. Patrick's Day.

### The History of Montreal's St. Patrick's Day Parade

The Montreal St. Patrick's Day Parade is the oldest St. Patrick's Day parade in Canada, held every year before COVID since 1824. Though it's cancelled this year because of COVID, historian Don Pidgeon says that Montreal has been celebrating this Irish holiday since 1759 (the year of the Conquest of Canada), just not in a parade format. Prior to COVID, the title of "The Longest-Running, Uninterrupted, North American St. Patrick's Day Parade"—which boasted over 250 consecutive annual runs since 1762—belonged to New York City in the U.S. (according to organizers, *National Geographic*, and *The New York Times*). Meanwhile, Boston claims to have established the very *first St. Patrick's Day parade* in North America, an event that started decades earlier in 1737.



### “Cute & Magical”

Here are two amazing websites to enjoy:

1. [AttackoftheCute.com](http://AttackoftheCute.com)

Attack of the Cute website mainly shows you a lot of cute pictures of different animals. Any Animal lover will go crazy by visiting this cute website. Do you know that “aww” feeling? Yes? Then you need to visit this website for sure!

2. [Akinator.com](http://Akinator.com)

This website is definitely magical, or rather feels that way. Here you can think of any character in the entire world, and through several questions, it will give you the correct name of any person or character you were thinking about. For example, you think of any actor and answer some questions. You won't believe your eyes when the results are displayed. You'll be amazed by this website. Go and try for yourself.

We are doing everything we can to help you be safe and be well!

We can provide most estimates remotely.

Curbside pick up and delivery of area rugs.

Clean for health, not just appearance.

**Call today and see how we can help you 905 646-6655**



## Health Corner



### How To Help A Loved One Heal

- **Don't drop in.** Call ahead to the patient – or to a family member – and ask what the best time is for you to visit. If you plan on visiting often, talk to other regular visitors and coordinate your schedules. That way, you will avoid overwhelming the patient – and give relief to his family members as well.
- **Knock before entering.** People will often mistake an open door as an invitation to walk in unannounced. Knock first, then wait for a response. By asking for permission to enter, you are empowering your loved one.
- **Sit down.** After entering the patient's room, sit down as soon as possible. If your loved one is lying in a bed or sitting in a chair, this puts you at eye level.
- **Ask open-ended questions.** When visiting someone who is ill, people frequently blurt out seemingly innocuous statements, such as, "My, isn't it a lovely day?"... "You look wonderful"... or "Everything's fine – you have nothing to worry about." These statements are really saying, "I can't deal with anything you want to talk about, so I'm going to talk for you." Instead, ask open-ended questions, such as "How are you?"..."How are you feeling?"...or "How are things going?" This lets the patient choose how to respond. What your loved one may want most is simply to talk about what they are feeling and thinking. If so, listen very carefully. Do not feel pressured to make "constructive" comments.
- **Don't feel you have to speak.** The most important gift you can give is simply to be there, physically and emotionally. When people have their loved ones nearby, it can actually change their physiology for the better. Immune function improves, and levels of stress drop. If the patient doesn't feel like talking, that's fine. Simply sit and read silently by the bedside.
- **Bring gifts.** Even if your loved one doesn't ask for anything, bring along a gift, such as a book, tape or CD you think he might enjoy. You can also bring photographs of family members and friends, wall hangings and personal items, such as a favorite blanket, to make the room more comfortable and familiar.
- **Never underestimate the power of prayer.** Many doctors and patients have learned from personal experience that religious faith is good medicine. In recent years, hundreds of clinical studies have demonstrated that this statement is not just a matter of faith, but rather of science. Regularly saying brief prayers that express your good wishes for the comfort and healing of others will not only benefit the sick person, but it will bring comfort and healing to you as well.

-Source, Dr. Bernie Siegel



## Do You Want Your Carpets To Last Longer and Look Cleaner All of the Time?

If you answered “Yes!” to the question above,  
then be sure to take a quick look at these....



### 6 Easy Tips for Keeping Your Carpet Looking Like New!

- 1. Vacuum frequently and thoroughly.** Dirt is the number one cause of wear and tear to your carpet. Be sure that you are vacuuming thoroughly at least once per week to keep the dry soils to a minimum and maximize the life of your carpet.
- 2. Clean up spots and spills swiftly and properly.** To properly remove a spot, use a clean absorbent towel (preferably a white one to avoid color transfer) and hot tap water in a spray bottle containing a small amount of a mild detergent – just make sure the detergent does not contain bleaching agents. Next, alternate blotting and spraying the area, DO NOT over wet the spot. You can even place a dry absorbent towel under something heavy like a book to completely remove the moisture from the carpet. Most spots can be removed if they are caught early. Of course, the exceptions are, if a spill contains a dye, (i.e., red juice) or a bleaching agent then the spot is usually permanent.
- 3. Never scrub or rub spots.** The correct method to remove a spill is to scrape the spot towards the middle and then blot with a white towel or cloth. Scrubbing or rubbing the spot will fray the carpet fibers and permanently damage the area.
- 4. Do not overuse carpet detergents, shampoos or spotters.** Some people are addicted to their carpet spotters, but too much detergent in the carpet will result in a dirt attracting residue that will make your carpet appear dirty faster.
- 5. Clean your carpets professionally every 6 months.** Carpet manufacturers recommend cleaning your carpets professionally with van mounted steam cleaning. By cleaning every 6 months you will extend the life of your carpet and have a healthier, cleaner home.
- 6. Re-apply “Carpet Protector” every other cleaning.** Carpet protector “seals” the fibers of your carpets and makes them resistant to most household stains. It also makes your vacuuming more efficient. The effectiveness of carpet protector is reduced about 30-35% with each cleaning. But, by re-applying at least every other cleaning you will continue to protect your carpet from stains and everyday wear and tear, giving your carpet the longest life possible.

Call and schedule before March 31, 2021 and **SAVE**  
**30%** Off your carpet cleaning when you protect **ALL** areas being cleaned  
**ALSO**  
**30%** Off rugs when you apply protection  
**AND**  
**30%** Off upholstery and tile & grout when you protect what we clean

**Offers Expires March 31, 2021**  
Pick Up the Phone and Call

**905 646-6655**

\*Not Valid With Other Offers. Regional Minimums apply

## Viscose Rugs



Viscose (also known as rayon, bamboo silk, banana silk, and art silk) is a fiber made of heavily chemically processed wood pulp and cellulose. It is made into a glossy fiber known as artificial silk, however, it is essentially high gloss paper. It is the weakest of the rug fibers, these rugs are considered “disposable” rugs due to their short life span under normal use.

- Prone to fiber breaks and sprouts in traffic areas. Often looks like cat claw marks. Place in low traffic areas.
- Extremely absorbent (like paper). Prone to permanent staining and damage even from plain water spills.
- Flammable (like paper). Keep away from sources of flame.
- Prone to mildew growth in high humidity or damp conditions.

Due to the fragile nature of viscose fibers, it is strongly recommended that new viscose rugs have fiber protector applied to help repel spills and soil. This does not bulletproof viscose rugs, rather it helps suspend the elements a little bit longer so you have a fighting chance to save the rug from being ruined from your first spill.

### SPILL TIPS:

Spills are a disaster for viscose rugs. Immediate clean up is needed. With a spill take a paper towel roll, place it over the spill, and stand on it. The paper towels should absorb the liquid slightly faster than the viscose (especially if the viscose has fiber protector applied), and this will give you a chance to absorb it before the rug does. Blot, NEVER scrub. If you cannot get to the spill right away, professional cleaning will be needed.

### AT-HOME MAINTENANCE:

Regular vacuuming can cause damage to viscose rugs, as can regular heavy traffic or friction from furniture use. However, viscose has no ability to “hide” soil so even light dust and soil will create dark dirty shadows in these rugs. So regular dusting is needed to keep the rug looking fresh and shiny. Use a light weight vacuum with no rotating brush, or a very soft brush, to prevent fiber tears. Stick vacuums or hand held vacuum tools can be used. A hand held horse hair upholstery brush can be used to safely groom viscose fibers in open traffic areas to dust or remove pile distortion shadows when you do not want to use the vacuum cleaner. Dust as often as you need to sweep your floors. Viscose rugs will look dirty faster than other fibers. Rotate to even up the wear, and to even up the fading. Covered areas will not fade as quickly as exposed areas.

**30%  
OFF**

*When you add protection  
to your Area Rugs*



## Irish Humor for St. Patrick's Day

Here's some Irish humor to put a smile on your face this month!

How can you spot a jealous shamrock? **It will be green with envy.**

What would you get if you crossed a leprechaun with a Texan? **A pot of chili at the end of the rainbow.**

Why did the leprechaun turn down a bowl of soup? **Because he already had a pot of gold.**

What do you call a fake stone in Ireland? **A sham-rock.**

Why do people wear shamrocks on St. Patrick's day? **Because real rocks are too heavy.**

Why do leprechauns hate running? **They'd rather jig than jog.**

Why can't you borrow money from a leprechaun? **They're always a little short.**

Why should you never iron a 4-leafed clover? **Because you should never press your luck.**

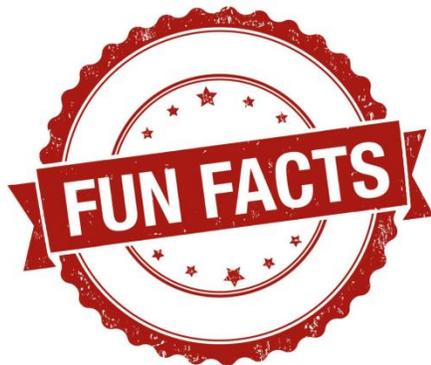
How did the leprechaun get to the moon? **In a sham-rocket.**

What do you call a leprechaun who broke the law? **A lepre-con.**

What kind of spells do leprechauns use? **Lucky Charms.**

How can you tell if a leprechaun likes your joke? **He's "Dublin over" with laughter!**

**"Knock-knock! Who's there? Warren. Warren who? Warren anything green for St. Patrick's day?"**



## Betcha Didn't Know....

**You only have two body parts that never stop growing.** Human noses and ears keep getting bigger, even when the rest of the body's growth has stopped.

**Octopuses lay 56,000 eggs at a time.** The babies are the size of a grain of rice when they're born.

**That tiny pocket in jeans was designed to store pocket watches.**

**Turkeys can blush.** When turkeys are scared or excited—like when the males see a female they're interested in—the pale skin on their head and neck turns bright red, blue, or white.

**The Terminator script was sold for just \$1.** James Cameron is the award-winning director of movies like *Titanic*, *Avatar*, and *The Terminator*. In order to get his big break with *The Terminator*, he sold the script for \$1 and a promise that he'd be able to direct.

## Thank You!

Thanks to YOU the word is spreading! Thanks to all of my wonderful clients who graciously refer me to their friends, family, and neighbours! My business runs on the positive comments and referrals from people just like you. I couldn't do this without you! A special thanks to all these fine folks who referred me recently...

**Luanne Pullia, Bonnie Shaw, Cathy Van Der Laan, Katherine and Walter Gaio and Phyllis Lottridge**

## Thanks for All the Kind Words!

Thank you for your service today, we are very pleased with the carpet/chair cleaning. Jon & Dan showed up on time, masked and booted, they were professional and polite, a pleasure to meet them both.

**- Tracey S.**

*\$50 Gift Card*



Who Wants to win a PCS  
Gift Card?

### Take my Trivia Challenge & you could win!

This is one of my favourite parts of the newsletter! We are giving away 2 gift cards! Everyone who responds will be entered into the draw. Take your best guess, and then email us your answer to:

[triviachallenge@pcsniagara.com](mailto:triviachallenge@pcsniagara.com)

Remember, your chances of winning are better than you think!

### Trivia Question:

What's a body part that never stops growing?

- A) Your tongue
- B) Your nose
- C) Your big toe
- D) Your heart

**Hint: You'll find the answer in the newsletter.**

**February Answer:**

**D) Bubblegum**

**Winners: Ron Klein and Nancy Miller**

